

## FIRST AID KITS FOR THE WORKPLACE TYPE 1: PERSONAL FIRST AID KITS

### Workplace first aid kit requirements

An organization must provide a Type 1: Personal first aid kit to all workers who work in isolation or those who do not otherwise have access to a workplace first aid kit. The minimum content requirements for a Type 1: Personal first aid kit must be as specified below.

Item no.	Description of item	Minimum quantities required
1	Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle, large patch)	16
2	Gauze pad, sterile, individually wrapped, 7.6 x 7.6 cm (3 in x 3 in)	6
3	Conforming stretch bandage, relaxed length, individually wrapped, 5.1cm x 1.8 m (2 in x 2 yd)	1 roll
4	Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 in x 4 in)	2
5	Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 in x 40 in x 56 in)	1
6	Adhesive tape, 2.5 cm x 2.3 m (1 in x 2.5 yd)	1 roll
7	Antiseptic wound cleansing towelette, individually wrapped	6
8	Antibiotic ointment, topical, single use	2
9	Hand/skin cleansing towelette, individually wrapped (or equivalent)	4
10	Examination gloves, disposable, medical grade, one-size, non-latex, powder free	2 pairs
11	Biohazard waste disposal bag (single use)	1
12	Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in)	1
13	Contents list	1

Note: All workplace first aid kit contents must be made of latex-free materials.

### Selection of workplace first aid kits - Other considerations

In determining the workplace first aid kit classification, size, and number, the organization should consider

- a) the level of risk for the specific workplace environment;  
*Note: Additional workplace first aid kits might be required, depending on the outcome of a workplace first aid risk assessment.*
- b) the layout of the workplace (multi-level workplaces, high-rises etc.);
- c) the distance from emergency medical services and/or the response time for emergency medical services;  
*Note: Response times for emergency medical services vary from jurisdiction to jurisdiction. In addition, response time can be impacted by the type of workplace being served (a high-rise building, for example).*
- d) that workplaces with a small number of employees dispersed over a wide area could have differing first aid requirements in different areas; and
- e) that workers in remote or isolated areas could require additional first aid equipment and supplies.

### **Workplace first aid kit container**

The workplace first aid kit container used to hold items must be

- a) of sufficient size to contain all of the specified contents;
- b) capable of being securely closed;
- c) portable;
- d) constructed of a material such that the contents will be protected from dust and moisture; and
- e) durably and legibly marked or labelled with the "First Aid" statement or symbol.

*Note: Temperature, maintenance, material durability, and robustness should be considered in selecting a container to ensure that it is suitable for the workplace environment.*

The contents of the workplace first aid kit must be organized in the container in a logical and orderly fashion.

### **Ongoing maintenance of workplace first aid kits**

Workplace first aid kits must be regularly inspected at periodic intervals to ensure the completeness and usability of all items at all times. The organization should ensure the ongoing maintenance of the workplace first aid kit(s) and the replenishment of kit supplies and equipment as items are used or as they have reached the manufacturer's recommended expiration date.

*Note:* The minimum inspection period should be not more than 90 days or following any first aid incident where the workplace first aid kit is used.

"With the permission of Canadian Standards Association, (operating as "CSA Group"), 178 Rexdale Blvd., Toronto, ON, M9W 1R3, material is reproduced from CSA Group standard **CSA Z1220-17 (R2021), First aid kits for the workplace**. ©2017 Canadian Standards Association. This material is not the complete and official position of CSA Group on the referenced subject, which is represented solely by the Standard in its entirety. While use of the material has been authorized, CSA Group is not responsible for the manner in which the data is presented, nor for any representations and interpretations. No further reproduction is permitted. For more information or to purchase standard(s) from CSA Group, please visit [store.csagroup.org](http://store.csagroup.org) or call 1 800 463-6727."