

WorkSafeNB has three report forms to support workers requiring psychological services. The **Initial Psychological Assessment Report** asks for information necessary for WorkSafeNB to make an acceptance decision on a claim. WorkSafeNB must determine whether the worker's injury meets requirements for acceptance under the *Workers' Compensation Act*. The **Psychology Progress Report** asks for information necessary to help us understand a worker's recovery, accommodation options and more. This helps us review progress and opportunities for additional support. The **Psychology Discharge Report** asks for information necessary to close a course of treatment. This helps us understand the outcomes of that treatment and review overall improvement and possible need for additional support.

WorkSafeNB, in consultation with psychologists from across New Brunswick, has recently updated the three forms to align them with significant changes in diagnostic criteria, the development of new empirically supported treatments and changes to the *Worker's Compensation Act*.

 <p><b>STAY AT WORK EMPHASIS</b> You can now provide more information on functional abilities to help workers stay safely connected to their workplace. Evidence supports the positive link between work and health (physical, mental and social health). Absence from work contributes to declining health, slower recovery times and longer duration of disability. In essence, work is good. Very good. Let's try to keep workers safely working.</p>	 <p><b>A FORMAT FOR EFFICIENCY</b> All three forms have a checklist-style format. We've decreased narrative-style responses to ensure we get the information we need easily at each stage of recovery. In addition, the forms are available in fillable Word and PDF formats. These styles, as well as promotion of digital filing through MyServices, will further increase speed and response time to better serve workers and employers. Don't have a MyServices account? <a href="#">Register here</a>.</p>	 <p><b>A LINE OF SUPPORT</b> We want to partner with you, sharing our expertise and support for return-to-work options. Each form has a prompt offering you a follow-up phone call or email from the worker's claim manager or a WorkSafeNB psychology consultant.</p>
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Recovery from a workplace injury or illness requires a team effort. You, the worker, the worker's employer, other health care providers and WorkSafeNB each have a role to play in a successful recovery.

- **Health care providers**, such as **psychologists**, provide timely medical care, submit reports to WorkSafeNB, help set expectations for workers, and facilitate return-to-work efforts through effective communication and collaboration with all parties in the return-to-work process.
- **Employees** keep in touch with their employer and WorkSafeNB throughout the recovery process; work collaboratively with the employer as they strive to find suitable work that is safe and within their capabilities; and work collaboratively with WorkSafeNB, including providing information as requested.
- **Employers** keep in touch with workers throughout the recovery process and maintain connection to the workplace; offer meaningful and productive modified duties or other suitable work that is safe and within the workers' capabilities; ensure supervisors and co-workers support workers during recovery; and collaborate with all return-to-work partners. This applies to all employers in the province, regardless of size, industry or injury risk profile.
- **WorkSafeNB** administers health care and wage loss benefits, co-ordinates and monitors required health care and rehabilitation services, helps develop, manage and monitor return-to-work plans, and helps set expectations for workers and employers.

To learn more about the claims process and healthy and safe return to work, please go to [worksafenb.ca](https://worksafenb.ca).

If you have any questions, please contact us toll-free at **1 800 999-9775** (Monday to Friday, 8 a.m. to 4:30 p.m.).